



The History of Women at Shanti

Shanti Orange County is turning 30 years old this year. We are a non-profit organization born in Laguna Beach as the result of the HIV/AIDS epidemic in the late 1980's and now are located in Laguna Hills, California. For the last 30 years Shanti OC's mission has been to enhance the health and well-being of anyone in our community affected by HIV/AIDS and other chronic diseases, many of whom have been women. Shanti OC has offers compassion, a friendly safe haven, prevention services, education, and access to lifesaving supportive and medical services to our community. The larger common goal we share with our colleagues in the HIV community is to achieve ZERO new HIV infections in Orange County.

One of the most important things Shanti OC continues to provide is a supportive and therapeutic atmosphere where we help HIV + women navigate the health care field, take charge of their own health care, and be strong self-advocates. Being part of the Orange County Continuum of Care, Shanti OC provides resources for women through case management, group and individual therapy, as well as providing access to supportive services in housing, emergency financial assistance, and mental health.

Shanti OC is proud of our weekly Circle of Women group which provides an opportunity for women dealing with chronic disease, such as HIV, a safe atmosphere to gather together and explore common challenges and provide peer support to each other.

We hope you have gained some insight into one of the many facets of our organization. If you're interested in more information please visit us at www.shantioc.org to learn more about what Shanti OC has to offer our local community.